

# 抗疫小知識 你我都認識

## TIPS FOR YOU AND ME TO PREVENT COVID-19



如有不適，不要上班，  
立刻求醫

Do not go to work; and  
seek medical advice promptly  
if you are unwell



若無必要，  
應避免外出或離家用膳

Avoid eating out or going out  
if it is not necessary



最少一米  
at least 1m

與他人保持  
最少一米距離  
Keep at least 1 metre  
apart from others



為預防2019冠狀病毒病，  
應減少社交接觸

Reduce social contact  
to prevent COVID-19