Attention: In general, western and Chinese medicines should not be taken together unless advice is sought from healthcare professionals.

PARACETAMOL 500MG

This information sheet is not product insert. It only serves a general advice of using instruction.

If in doubt, please consult health care professionals.

Ingredients
Each tablet/capsule contains Paracetamol 500 mg.

Uses and dosage

- Paracetamol is used for relief of pain and fever. This product is for oral use only, can be taken with or without food.\(^1\)
- Adults and children over 12 years old: Take one to two tablets every 4 to 6 hours if necessary, and do not take more than eight tablets in 24 hours (Do not take more than 4 gram daily). Do not take more than 3 days without the advice of a doctor.\(^3\)
- Children 7 to 12 years old: Take half to one tablet every 4 to 6 hours if necessary, and do not take more than four tablets in 24 hours (Do not take more than 2 gram daily). Do not take for more than 3 days without the advice of a doctor.

Precautions

- People who are allergic to paracetamol should not take this medicine.
- Do not take paracetamol with other medicines containing paracetamol.
- People with kidney disease, liver disease\(^5\) or taking anticoagulants (e.g. Warfarin)\(^6\) are advised to consult health care professionals before taking this medicine.
- Do not take more than the recommended dosage, otherwise it could seriously affect the liver function.\(^7\)

Storage

- Please store in cool and dry place and avoid direct sunlight. Keep out of reach of children.

15 March 2022

Please be reminded that the medicines, namely paracetamol tablets are anti-pandemic provision provided by the Government for use by the related recipient. The medicines should not be sold (with or without payment), otherwise you may contravene the Pharmacy and Poisons Ordinance (Cap. 138) relating to illegal sale of unregistered pharmaceutical product. Upon conviction, the maximum penalty for the offence is a fine of $100,000 and two years’ imprisonment.

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\(^1\) NHS - Paracetamol for adults (4. How and when to take it) \(https://www.nhs.uk/medicines/paracetamol-for-adults/\)
\(^2\) Martindale: The Complete Drug Reference – Paracetamol (Uses and Administration) - \(https://www.medicinescomplete.com/#/content/martindale/2679-p?hspl=paracetamol\).
\(^3\) AHFS - Acetaminophen (Dosage and Administration) - https://www.medicinescomplete.com/#/content/ahfs/a381004?hspl=Paracetamol#content%2Fahfs%2Fa381004%231676728784.
\(^4\) This dosage range for children generally matches with the recommendations in Martindale (https://www.medicinescomplete.com/#/content/martindale/2679-p?hspl=paracetamol), BNF (https://www.medicinescomplete.com/#/content/bnf/_970446495?hspl=Paracetamol), while it is important to note that these reputable references provide more specific dosage recommendation based on narrower subsets of age and weight of children.
\(^6\) NHS - Paracetamol for adults (8. Cautions with other medicines) - https://www.nhs.uk/medicines/paracetamol-for-adults/