

# 保持社交距離

## Social Distancing



避免握手  
Avoid shaking  
hands with others



盡量住在通風良好的單人房間  
Should stay in a well-ventilated  
single room if possible



用膳時使用公筷及公羹，  
不應共享餐飲，避免聚餐  
Use serving chopsticks and spoons at  
meal times, do not share food or drinks,  
avoid meal gatherings



盡量與他人保持距離(至少一米)  
Keep a distance from others  
as much as possible (at least 1 metre)